Learn How To Get Started
These instructions are supplied as a guide only. Read the full instruction leaflet accompanying the pen before you use Lantus® SoloSTAR® or Apidra® SoloSTAR® for the first time. To help ensure an accurate dose each time, follow all steps in the leaflet. Otherwise, you will get too much or too little insulin, which can affect your blood sugar levels. If you have any questions, ask your healthcare professional or call the 24-hour support line shown below.

1 Prepare for an Injection
Before beginning, check the label on the insulin pen to ensure you are using the correct insulin.

Lantus® SoloSTAR® is grey and has a flat, smooth button, and contains a long-lasting insulin, Lantus®.

Apidra® SoloSTAR® is blue and has a raised, textured button, and contains a rapid-acting insulin, Apidra®.

The following steps provide instructions that apply to both pens. The following illustrations show the Lantus® SoloSTAR® pen.

Visit www.lantusconnection.com to join a free support program designed to help you manage your blood sugar with Lantus®.

Please see Indications and Usage and Important Safety Information for Lantus® and Apidra® on pages 2 & 3. Please click here for full prescribing information for Lantus® and click here for full prescribing information for Apidra®.

2 Attach a New Needle
Keep the needle straight as you attach it. Lantus® SoloSTAR® and Apidra® SoloSTAR® pens use push-on or screw-on needles.

3 Perform a Safety Test
This removes air bubbles and ensures that the pen and needle are working properly. Select a dose of 2 units. Always perform the safety test before each injection.

Take off the outer needle cap and keep it to remove the used needle after your injection. Then take off the inner needle cap and discard it.

Hold the pen with the needle pointing upward. Tap the reservoir gently so any air bubbles rise up to the needle.

Press the injection button all the way in. Check if insulin comes out of the needle. If insulin does not come out, check for air bubbles and repeat the test 2 more times to remove them. If no insulin comes out after the third time, try again with a new needle.
4 Select your Dose
Be sure the dose window shows “0” following the safety test. Select your required dose. If you need a dose larger than 80 units, use 2 or more injections. (This example shows 30 units.)

5 Inject your Dose.
Using the method your healthcare professional showed you, insert the needle into the skin in either your upper arm, abdomen (stomach area), or thigh (upper leg). Press the injection button in all the way. Hold the button in that position, slowly count to 10, then withdraw the needle.

6 Remove the Needle
Always remove the needle after each injection. Put the outer needle cap back on the needle and use it to unscrew the needle from the pen. Dispose of the needle safely, as instructed by your healthcare provider (e.g., in a sharps container). Put the cap on the pen.

If you can’t dial to the dose you want, check if you have enough insulin in the reservoir.
If you have any other problems with the pen, first try changing the needle and repeating the safety test.
Each Lantus® SoloSTAR® and Apidra® SoloSTAR® pen is for use by one person only.

Indications and Usage for Lantus® (insulin glargine [rDNA origin] injection)
Prescription Lantus® is a long-acting insulin used to treat adults with type 2 diabetes and adults and pediatric patients (children 6 years and older) with type 1 diabetes for the control of high blood sugar. It should be taken once a day at the same time each day to lower blood glucose.

Do not use Lantus® to treat diabetic ketoacidosis.

Important Safety Information for Lantus® (insulin glargine [rDNA origin] injection)
Do not take Lantus® if you are allergic to insulin or any of the inactive ingredients in Lantus®.
You must test your blood sugar levels while using insulin, such as Lantus®. Do not make any changes to your dose or type of insulin without talking to your healthcare provider. Any change of insulin should be made cautiously and only under medical supervision.

Do NOT dilute or mix Lantus® with any other insulin or solution. It will not work as intended and you may lose blood sugar control, which could be serious. Lantus® must only be used if the solution is clear and colorless with no particles visible. Do not share needles, insulin pens or syringes with others.
Tell your doctor about other medicines, especially ones commonly called TZDs (thiazolidinediones), and supplements you are taking because they can change the way insulin works. Before starting Lantus®, tell your doctor about all your medical conditions including if you have heart failure or other heart problems, liver or kidney problems, are pregnant or planning to become pregnant, or are breast-feeding or planning to breast-feed. If you have heart failure, it may get worse while you take TZDs with Lantus®.

The most common side effect of insulin, including Lantus®, is low blood sugar (hypoglycemia), which may be serious. Some people may experience symptoms such as shaking, sweating, fast heartbeat, and blurred vision. Severe hypoglycemia may be serious and life-threatening. It may cause harm to your heart or brain. Other possible side effects may include swelling, weight gain, injection site reactions, including changes in fat tissue at the injection site, and allergic reactions, including itching and rash. In rare cases, some allergic reactions may be life-threatening.

Lantus® SoloSTAR® is a disposable prefilled insulin pen. Please talk to your healthcare provider about proper injection technique and follow instructions in the Instruction Leaflet that accompanies the pen.

Please click here for full prescribing information for Lantus®.
Please see Indications and Usage and Important Safety Information for Apidra® on next page.
Indications and Usage for Apidra®

Prescription Apidra® is for adults with type 2 diabetes or adults and children (4 years and older) with type 1 diabetes to improve blood sugar control. Apidra® given by subcutaneous injection is usually used with a longer-acting insulin. When used as a mealtime insulin, Apidra® should be given within 15 minutes before or within 20 minutes after starting a meal.

Important Safety Information for Apidra®

Do not use Apidra® during a low blood sugar reaction (hypoglycemia) or if you are allergic to any of the ingredients in Apidra®. You must test your blood sugar levels while using insulin, such as Apidra®. Do not make any changes to your dose or type of insulin without talking to your healthcare provider. Any change of insulin should be made cautiously and only under medical supervision. Apidra® must only be used if the solution is clear and colorless with no particles visible. Do not share needles, insulin pens or syringes with others.

Apidra®, when given by injection under the skin, should not be mixed with insulins other than NPH. Do not mix Apidra® with any insulin when used in the pump or for intravenous administration.

The most common side effect of insulin, including Apidra®, is low blood sugar (hypoglycemia), which may be serious. Some people may experience symptoms such as shaking, sweating, fast heartbeat, and blurred vision. Severe hypoglycemia may be serious and life-threatening. It may cause harm to your heart or brain. Other possible side effects may include low blood potassium, injection site reactions, such as changes in fat tissue at the injection site, and allergic reactions, such as itching and rash. Less common, but potentially more serious or life-threatening, is generalized allergy to insulin, including anaphylactic reactions.

Tell your doctor about other medicines, especially ones commonly called TZDs (thiazolidinediones), and supplements you are taking because they can change the way insulin works. Before starting Apidra®, tell your doctor about all your medical conditions including if you have liver or kidney problems, are pregnant or planning to become pregnant, or are breastfeeding or are planning to breast-feed. If you have heart failure or other heart problems, it may get worse while you take TZDs with Apidra®.

Apidra® SoloSTAR® is a disposable prefilled insulin pen. Please talk to your healthcare provider about proper injection technique and follow instructions in the Instruction Leaflet that accompanies the pen.

Please click here for full prescribing information for Apidra®.

IMPORTANT SAFETY INFORMATION FOR LANTUS® SOLOSTAR® AND APIдра® SOLOSTAR®

Lantus® SoloSTAR® pen is grey and Apidra® SoloSTAR® pen is blue. Each contains a different type of insulin (long-acting vs. rapid-acting). Before using Lantus® SoloSTAR® or Apidra® SoloSTAR®, carefully examine the label on the pen to make sure you have the correct insulin. When used as a mealtime insulin, Apidra® should be given within 15 minutes before or within 20 minutes after starting a meal.

Please see Important Safety Information for Lantus® on page 2.